



SEEDS
For Export and Import

PRODUCTS

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01 | ABOUT US

SEEDS is an Egyptian company specialized in the production, sourcing, packing, and export of premium fresh fruits and vegetables.

We are committed to delivering high-quality agricultural products that meet international standards and satisfy the needs of customers across global markets.

Through strong partnerships with growers, advanced quality control systems, and efficient logistics solutions, we ensure freshness, consistency, and reliability in every shipment.



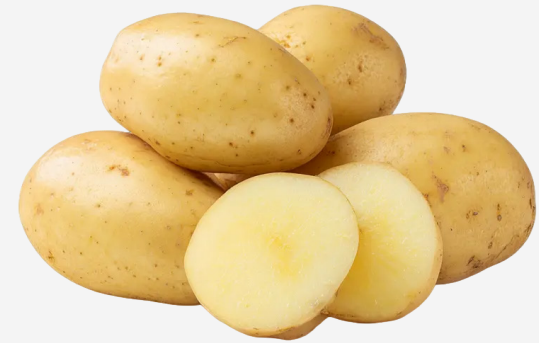
FRESH VEGETABLES

OUR PRODUCTS

02 | FRESH VEGETABLES

Premium Egyptian vegetables — hydro-cooled, polished, and export-ready. Spunta potatoes, carrots, onions, garlic, and more.

Our fresh vegetables are grown in the fertile Nile Delta, harvested at peak maturity, and processed through our ISO-certified packing station. From Spunta potatoes to hydro-cooled carrots, every product meets the strictest international standards for quality, sizing, and shelf life.



POTATOES

Premium Spunta, Mondial, and Kara varieties. Rich taste, excellent texture, and ideal for frying, baking, or retail. Grown in Egypt's fertile Nile Delta soil.



SWEET POTATOES

Fresh Egyptian sweet potatoes, internationally recognized for premium quality. Beaugard and Bellevue varieties with smooth skin and sweet, creamy flesh.



CARROTS

Hydro-cooled and polished carrots with deep orange color and crisp texture. Ready for retail bags or bulk export.



GOLDEN ONIONS

High dry matter, field-cured onions with robust flavor and long shelf life. Perfect for wholesale and food manufacturing.



RED ONION

Dark violet, pungent red onions rich in vitamins and antioxidants. Ideal for salads, pickling, and retail packs.



GARLIC

Premium garlic with strong aroma, rich flavor, and high oil content. A kitchen staple for cuisines worldwide.



SPRING ONIONS

Fresh green bunched spring onions. Crisp, mild, and perfect for garnishing or stir-fries.



PEPPERS

Bold color, firm texture, and rich flavor. Grown sustainably and meeting global export standards for retail and wholesale.

FRESH
FRUITS

OUR PRODUCTS

03 | FRESH FRUITS

Seasonal Egyptian fruits — grapes, pomegranates, strawberries, mangoes, dates, and more. Hand-picked and export-grade.

From Flame and Superior grapes to Wonderful pomegranates, our fresh fruit selection captures the best of every Egyptian season. Each variety is carefully harvested, graded, and packed to meet the exacting standards of international markets.



GRAPES

Flame and Superior varieties grown in the fertile Nile Delta soil. Crisp, sweet, and excellent shelf life.



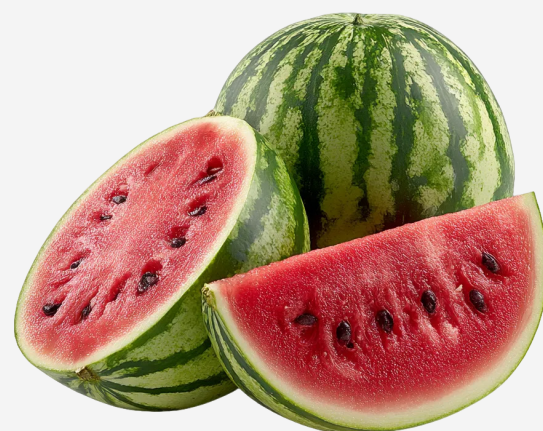
POMEGRANATE

Wonderful 116 variety with consistent sizing, bright red arils, and that perfect sweet-tart flavor profile.



MANGO

Hand-picked Egyptian mangoes with international certifications. Sweet, juicy, and available in multiple varieties.



WATERMELONS

Competitive pricing, large sizes, and strong shelf performance. Deep red flesh with high brix levels.



STRAWBERRIES

Festival and Fortuna varieties, bright red color and excellent shelf performance. Sweet, firm, and aromatic.

FROZEN FRUITS

OUR PRODUCTS

04 | FROZEN FRUITS

IQF frozen strawberries and seasonal fruits. Flash-frozen for maximum freshness and flavor retention.

Our IQF frozen fruits capture peak-season flavor and nutrition. Egyptian strawberries, flash-frozen within hours of harvest, deliver the taste of peak ripeness to smoothies, baked goods, and desserts year-round.



FROZEN STRAWBERRIES

Whole, diced, or sliced. Grown in the Nile Delta and flash-frozen within hours. Perfect for smoothies, baking, and desserts.

CITRUS

OUR PRODUCTS

05 | CITRUS

Top-tier Egyptian citrus — Navel and Valencia oranges, lemons, mandarins, and grapefruits. Sweet, juicy, and export-quality.

Egypt is one of the world's premier citrus-growing regions, and our orchards produce some of the finest fruit available. From winter Navel oranges through summer Valencias, our citrus program delivers consistent quality and flavor that buyers trust.



NAVEL ORANGES

Sweet table oranges with vibrant color and naturally sweet flavor. Seedless and easy to peel. A retail favorite.



VALENCIA ORANGES

Summer juicing oranges, bright and juicy with high sugar content. The gold standard for fresh orange juice.



LEMONS

Adalia and Verna varieties, carefully harvested for highest export standards. Thin skin, high juice, strong aroma.



GRAPEFRUITS

Star Ruby and Red varieties, high in vitamins with that characteristic tangy-sweet balance. Perfect for juice or fresh consumption.



MANDARINS

Murcott and Clementine varieties with vibrant color and rich sweetness. Easy-peel and kid-friendly.

FROZEN VEGETABLES

OUR PRODUCTS

06 | FROZEN VEGETABLES

IQF frozen vegetables — broccoli, okra, molokhia, peas, mixed vegetables, and more. Flash-frozen at peak freshness.

Our IQF (Individually Quick Frozen) vegetables lock in nutrients, color, and flavor within hours of harvest. From frozen okra to molokhia, our frozen range delivers consistent quality for food service, manufacturing, and retail around the world.



FROZEN FRENCH FRIES
Pre-fried pommes frites, ready to cook. Crispy outside, fluffy inside. Perfect for food service and retail.



FROZEN BROCCOLI
IQF florets, flash-frozen to lock in nutrients and that fresh green color. Ideal for steaming, roasting, or stir-fry.



FROZEN OKRA
Zero, Extra, and Fine cuts available. Rich in fiber and 100% natural. A staple of Middle Eastern and African cuisine.



FROZEN MOLOKHIA
Authentic Egyptian greens, minced or whole leaves. Rich in flavor, antioxidants, and deeply rooted in Arab culinary tradition.



FROZEN GREEN PEAS
Sweet and tender green peas, flash-frozen within hours of harvest. Bright green and bursting with natural sweetness.



FROZEN MIXED VEGETABLES
Peas, carrots, and green beans mix. Uniform cuts, bright colors, and long shelf life. A freezer essential.



FROZEN ARTICHOKE
Premium frozen artichoke hearts and bottoms. Tender, flavorful, and ready for gourmet dishes or retail packs.



FROZEN CARROT
Sliced, diced, or crinkle-cut carrots, flash-frozen to preserve nutrients and that natural sweetness.



FROZEN CAULIFLOWER
IQF cauliflower florets, pristine white and firm. Perfect for roasting, mashing, or adding to mixed vegetable blends.



FROZEN GREEN BEANS
Crisp green beans, frozen at peak freshness. Whole or cut, they retain their snap and vibrant color.



FROZEN BROAD BEANS
Nutrient-rich broad beans (fava), a staple of Mediterranean and Middle Eastern diets. Creamy texture, earthy flavor.



FROZEN BEANS
High-quality frozen beans in various cuts. Uniform size and excellent cooking properties for food manufacturing.

DRY
PRODUCE

07 | DRY PRODUCE

Premium dry legumes — white kidney beans, lentils, chickpeas, fava beans. Consistent quality and export-grade purity.

Our dry pulses are sorted, graded, and packed to meet the highest international standards. From white kidney beans to chickpeas, these pantry staples offer consistent quality and reliable supply for canners, manufacturers, and distributors.



WHITE KIDNEY BEANS

High protein pulses with clean appearance and uniform grading. Excellent for canning, retail packs, or food manufacturing.



LENTILS

Consistent quality with attractive appearance and reliable availability. Green and red varieties for soups, stews, and salads.



FAVA BEANS

Rich flavor, dense texture, and consistent quality. A cornerstone of Egyptian cuisine and increasingly popular globally.



BLACK EYED BEANS

Creamy texture, top-grade purity, and export quality. Popular in Southern US, African, and Asian cuisines.



CHICKPEAS

Protein-rich with creamy texture and nutty taste. The foundation of hummus, falafel, and countless global dishes.



DRY WHITE BEANS

Clean appearance, uniform grading, and excellent storage stability. Perfect for baked beans, soups, and salads.

THANK YOU

